

September 2017 – Rothwell Primary School

Monday

Tuesday

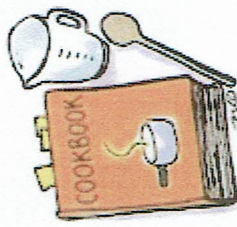
Wednesday

Thursday

Friday

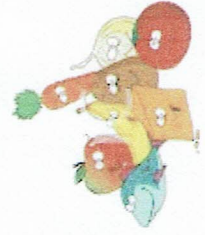
WEEK 1

Main Option 1	Cheese & Tomato Pizza	Spicy Minced Beef with Beans & Peppers	Roast Chicken Fillet & Seasoning	Pork Sausage & Onion Gravy	Fish Finger & chips
Main Option 2	Roasted Vegetable Roll	Cheese Flan	Quorn & Vegetable Cheese Tart	Quorn Sausage & Onion Gravy	Cheese & Onion Pin Wheel
Jacket Potato	Tuna Mayonnaise	Baked Beans	Tuna Mayonnaise	Grated Cheese	Cheese & Beans
Vegetables	Peas / Sweetcorn & Salad	Salad / Coleslaw	Cabbage / Carrot & Swede	Broccoli / Carrots	Peas / Beans
Dessert	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day



WEEK 2

Main Option 1	Meatballs in Tangy Tomato Sauce	Chicken & Vegetable Curry	Roast Beef & Yorkshire Pudding	Cottage Pie	Battered Fish & Chips
Main Option 2	Tomato & Basil Pasta	Stuffed Jacket Potato Skins	Vegetable Roulade & Cheese Sauce	Vegetable Ravioli	Cheese & Veg French Bread Pizza
Jacket Potato	Tuna Mayonnaise	Cheese & Beans	Tuna Mayonnaise	Grated Cheese	Coleslaw & Cheese
Vegetables	Vegetable Medley	Mixed Salad	Green Beans / Carrots	Cauliflower / Broccoli / Carrots	Peas / Baked Beans
Dessert	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day



WEEK 3

Main Option 1	Tangy Minced Turkey Pitta	Lasagne & Garlic Bread	Roast Turkey Escalope	Minced Lamb & Vegetable Hot Pot	Fish Cake
Main Option 2	Roasted Vegetable Curry & Rice	Quorn Lasagne & Garlic Bread	Mixed Bean & Veg Hot Pot	Cheese & Tomato Omelette	Jacket Cheese & Beans
Jacket Potato	Grated Cheese	Cheese & Beans	Tuna Mayonnaise	Cheese & Coleslaw	Cheese & Beans
Vegetables	Vegetable Cous Cous / Rice	Mixed Salad / Coleslaw	Broccoli & Carrots	Cabbage / Carrots / Swede	Peas / Sweetcorn
Dessert	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

